2022 ANNUAL REPORT

STERLING

OFFICE AND INDUSTRIAL TRUST

OUR VISION

TO BE THE MOST RELIABLE, WELL-MANAGED AND TRANSPARENT REIT IN THE UNITED STATES.

OUR MISSION

TO PROVIDE LOW-RISK AND INCOME-PRODUCING REAL ESTATE INVESTMENT OPPORTUNITIES TO INVESTORS.

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BOARD OF TRUSTEES

WILBUR WRIGHT
CHAIR OF THE BOARD

KENNETH REGAN

ERICA CHAFFEE

TIMOTHY HAUGEN

RUP NAGALA

JAMES WIELAND

DANIEL WILSON

LANCE WOLF

EXECUTIVE OFFICERS

KENNETH REGAN
CHIEF EXECUTIVE OFFICER

JOEL THOMSEN
PRESIDENT
AND CHIEF INVESTMENT OFFICER

DAMON GLEAVE
CHIEF FINANCIAL OFFICER
AND TREASURER

MICHAEL CARLSON
GENERAL COUNSEL
AND SECRETARY

EXECUTIVE COMMITTEE

JAMES WIELAND
DANIEL WILSON
WILBUR WRIGHT*

AUDIT COMMITTEE

TIMOTHY HAUGEN*
DANIEL WILSON
WILBUR WRIGHT

NOMINATION AND GOVERNANCE COMMITTEE

ERICA CHAFFEE
RUP NAGALA
TIMOTHY HAUGEN
JAMES WIELAND
LANCE WOLF*

*INDICATES COMMITTEE CHAIR

FINANCIAL HIGHLIGHTS

YEAR-ENDED DECEMBER 31 (IN THOUSANDS)

	2022	2021	2020
INCOME STATEMENT			
RENTAL REVENUES	$25,874	$20,784	$20,970
TOTAL EXPENSES	$20,756	$19,070	$19,785
NET INCOME (LOSS)	$5,201	$2,838	$1,249
FUNDS FROM OPERATIONS	$12,349	$8,442	$8,498
BALANCE SHEET			
TOTAL REAL ESTATE INVESTMENTS, GROSS[1]	$204,102	$160,175	$135,532
TOTAL ASSETS	$213,176	$176,892	$145,714
TOTAL LIABILITIES	$136,073	$108,704	$96,938
SHAREHOLDER EQUITY	$77,103	$68,188	$48,776
WEIGHTED AVERAGE SHAREHOLDER DATA			
COMMON SHARES/UPREIT UNITS OUTSTANDING	10,308	8,565	8,026
UPREIT UNITS OUTSTANDING	3,303	2,987	2,937
COMMON SHARES OUTSTANDING	7,005	5,578	5,089

[1] TOTAL REAL ESTATE INVESTMENTS INCLUDE REAL ESTATE AND RELATED ASSETS PURCHASED AT THE TIME OF ACQUISITION.

OUR VALUES

RESPECT

WE DEVELOP AND MAINTAIN RELATIONSHIPS BASED ON TRUST, COOPERATION, COLLABORATION AND OPEN COMMUNICATION WITH INVESTORS, STATE AND FEDERAL AGENCIES, BROKERS AND OUR MANY SERVICE PROVIDERS.

EXCELLENCE

WE ACHIEVE EXCELLENCE BY FOSTERING A WORK ENVIRONMENT THAT SUPPORTS LEARNING, INNOVATION AND CHANGE. WE STRIVE FOR CONTINUOUS IMPROVEMENT, RECOGNIZING THESE COMPONENTS AS ESSENTIAL TO ACHIEVING EXCELLENCE.

INTEGRITY

INTEGRITY IS THE FOUNDATION OF OUR CREDIBILITY. WE SET HIGH STANDARDS FOR OUR WORK AND FOLLOW THE HIGHEST ETHICAL AND PROFESSIONAL STANDARDS.

TRANSPARENCY

TO BEST SERVE OUR INVESTORS, WE PROVIDE ACCURATE, COMPLETE AND CONSERVATIVE INFORMATION. WE PRODUCE REPORTS THAT ARE OBJECTIVE, USEFUL, CLEAR AND CANDID. THE RESULTS OF OUR WORK ARE INTENDED TO ADD VALUE TO OUR INVESTORS.

STEWARDSHIP

WE DARE TO LEAD WITH A FOCUS BEYOND TODAY. WE ARE COMMITTED TO OUR INVESTORS LONG TERM, WORKING TO BUILD A STRONGER TRUST FOR FUTURE GENERATIONS AND ACTING AT ALL TIMES WITH AN OWNER'S MENTALITY.

DEAR VALUED INVESTORS,

Your Board of Trustees, Executive Officers, and the entire team at Sterling Management wish to express our sincere appreciation for the confidence you have placed in us to serve your real estate investment needs through Sterling Office and Industrial Trust ("SOIT"). Your steadfast commitment coupled with our team's dedication has allowed for another year of steady, reliable returns. We are excited to share with you our annual letter which serves as an opportunity for us to highlight the Trust's achievements as well as our insights and vision for the coming year.

2022 PERFORMANCE

For the past seven years, the Trust, your Board of Trustees, and Sterling Management have been focused on finding quality real estate that provides durable cash flow as well as the potential for growth in value. Through quality acquisitions and strong leasing activity with existing assets, 2022 was a year of growth for the Trust. While the residual effects of the Covid-19 pandemic and subsequent inflationary environment continued to present challenges, we maintained our focus on our mission of providing consistent cash flow and a stable portfolio to our investors.

Our growth efforts throughout 2022 were focused heavily on adding quality, industrial product to SOIT's overall portfolio. Two large warehouse facilities in Minnesota and two manufacturing facilities in Wisconsin were added to the portfolio with longer term, stable, triple-net leases and attractive real estate pricing. These types of acquisitions provide solid, long-term returns for our investors. In addition to these single-tenant, triple-net additions, we also secured a major multi-tenant industrial facility in Burnsville, Minnesota totaling 177,000 square feet. This facility is home to four nationwide tenants with over $1 billion in sales each. These strong additions to the Trust's portfolio further demonstrate our focus on finding quality real estate with strong tenants in good locations that provide cash flow and stable real estate value.

While we tend to celebrate acquisitions of new real estate, long term value is also created through properly managing our existing portfolio and maximizing our returns by keeping our properties fully occupied with quality tenants. In 2022, Management successfully negotiated leases on our existing portfolio creating $27.1 million in future lease value for the Trust. Further, we ended the year with an overall occupancy rate of 93.0%. The success achieved in 2022 is highlighted by examples of the diligent and proactive relationships Management cultivates with our tenants.

We worked with an existing tenant to increase their footprint in North Dakota by acquiring real estate for them to expand while they purchased an existing business. We also partnered with a tenant in South Dakota to purchase land and construct a building for their market expansion. Your Board of Trustees and Management strive to ensure we work with our existing tenants to find ways to help them meet their business needs while also focusing on long-term value for our investors.

The growth through acquisitions and the retention of lease value contributed to another solid year for SOIT. The Trust's strong 2022 performance allowed for the payment of $0.6325 per share in dividends and distributions which totaled $6.5 million for the year, an increase of 23.0% over the previous year. SOIT also maintained a solid dividend coverage ratio of 189.0%.

The Trust's Funds from Operations ("FFO") totaled $12.3 million for 2022 as compared to $8.4 million in 2021, which equated to an approximate 46.4% increase. This significant year-over-year FFO increase is mainly attributed to a lease buyout of $2.7 million that Management completed at the end of 2022. Excluding this unique item, the Adjusted Funds from Operations ("AFFO") increased to $9.7 million as compared to $8.4 million in 2021, which equates to an approximate 15.5% increase. The AFFO takes into consideration these larger, one-time items and removes them for a more accurate financial comparison year over year. The year end dividend coverage ratio was 189.0%, on the AFFO basis, the coverage ratio was approximately 148.0%. Since SOIT's inception in 2016, our return to investors has proven reliable, averaging 9.6% per year as compared to the 4.6% return of the Morgan Stanley Capital International US REIT Index ("MSCI").

During 2022, the Trust's outstanding shares and units increased 553,429 from 9,885,214 to 10,438,643. This increase can be attributed to the continued loyalty and trust of our investors as demonstrated by the reinvestment of over 70% of dividend dollars.

The Trust's strong operating and financial performances resulted in your Board of Trustees electing to increase SOIT's share and unit prices from $11.50 to $12.00, effective January 1, 2023. This equates to a 4.35% increase in our share/unit price. Additionally, the Board voted to increase the monthly dividend/distribution from $0.6325 to $0.66 per share/unit. This increase maintained the 5.50% dividend/distribution rate on the new $12.00 share/unit price. In 2022, the market capitalization of the Trust grew from $222 million to $256 million, an increase of $34 million.

FOCUSING ON THE FUTURE

As the Trust moves forward into 2023, we will continue to be diligent in focusing on our mission of securing lower risk and attractively valued income-producing real estate investments for our investors. We see opportunities to find value in real estate continuing to shift as interest rates rise and inflation maintains higher than historical levels. The Trust continues to be in a great position in a higher interest rate environment; our average interest rate on our outstanding mortgages is 3.71% with an average mortgage term of 7.34 years. This, along with a 189.0% dividend coverage ratio, provides a cushion that will be utilized to improve our existing properties while also locating new investments to add to our portfolio.

Being creative and nimble remains pinnacle to the realities of the current real estate investment market as inflationary pressures, interest rate uncertainty and geopolitical risks continue to make headlines. We are confident our principled approach led by your Board of Trustees as well as our creditworthiness and available capital for future investment will continue to create opportunities for SOIT.

We remain humbled by the faith you have placed in our Board and the Sterling Management Team. Our commitment to the success of SOIT is unwavering and we take great pride in our roles as fiduciary stewards of your investment. We thank you, our loyal investors, for the ongoing opportunity to serve you.

Sincerely,

Wilbur D. Wright
CHAIR OF THE BOARD

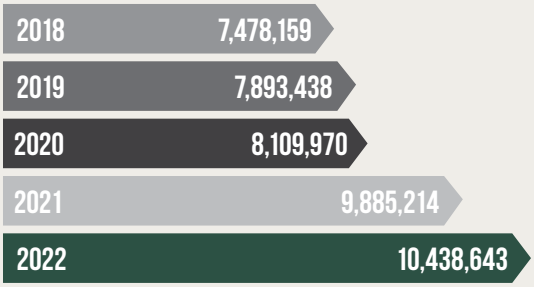
Kenneth P. Regan
CHIEF EXECUTIVE OFFICER

YEAR END SHARE PRICE

DIVIDEND YIELD

DIVIDENDS PER SHARE

SHARES AND UNITS OUTSTANDING



OUR BUSINESS

THE REIT STRUCTURE

A Real Estate Investment Trust ("REIT") is an investment vehicle created by the United States Congress through the Real Estate Investment Act, enacted in 1960. This Act authorized real estate ownership structures to be treated similar to mutual funds, providing for a tax-exempt pass-through entity with broad-based ownership distributing most of its earnings and capital gains to investors. Investment in a REIT offers diversification benefits since REITs often render differing investment strategies in terms of property type and geographic focus.

STERLING OFFICE AND INDUSTRIAL TRUST

Sterling Office and Industrial Trust is an unincorporated North Dakota trust formed on March 2, 2016, to invest primarily in a diversified portfolio of freestanding, single or multi-tenant office and industrial properties leased to creditworthy tenants. The Trust has elected to be taxed as a Real Estate Investment Trust ("REIT") under Sections 856-860 of the Internal Revenue Code. The Trust's mission is to provide investors the opportunity of long-term ownership in lower risk and well-managed income-producing real estate.

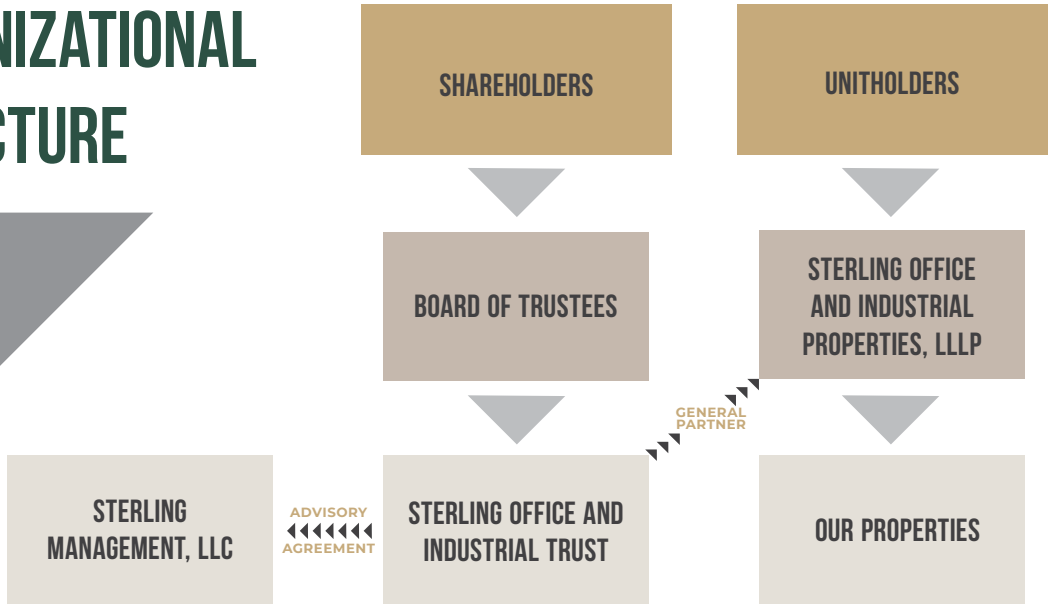
STERLING OFFICE AND INDUSTRIAL PROPERTIES, LLLP

Sterling Office and Industrial Trust is an Umbrella Partnership Real Estate Investment Trust ("UPREIT") that holds all of its properties in a separate partnership, Sterling Office and Industrial Properties, LLLP ("Sterling Office and Industrial Properties"). The Trust controls Sterling Office and Industrial Properties and acts as its general partner. The Trust uses Sterling Office and Industrial Properties to acquire properties, including through the exchange of limited partnership units for properties. These "UPREIT" exchanges can be advantageous as the seller may be able to defer taxation of gain until the seller later resells the limited partnership units received in the exchange. By offering sellers the ability to defer taxation, the Trust gains an advantage in acquiring quality properties.

STERLING MANAGEMENT, LLC

Sterling Office and Industrial Trust operates under the direction of its Board of Trustees. Sterling Office and Industrial Trust has no employees and therefore retains Sterling Management, LLC to manage its owned real estate and business operations. Sterling Management's Executive Chair, CIO, CFO, and General Counsel serve as executive officers of the Trust.

ORGANIZATIONAL STRUCTURE



2022 ACQUISITIONS

TWIN CITY CONTAINER

Close Date
2/7/22

Cap Rate
6.50%

Square Feet
200,000

Location
Cannon Falls, MN

Purchase Price
$9,932,344

BECKER FURNITURE WORLD

Close Date
2/7/22

Cap Rate
6.02%

Square Feet
126,260

Location
Becker, MN

Purchase Price
$9,090,000

WEATHER BLANKET

Close Date
7/1/22

Cap Rate
7.25%

Square Feet
84,600

Location
Fon Du Lac, WI

Purchase Price
$5,305,743

DSG BISMARCK

Close Date
9/1/22

Cap Rate
7.25%

Square Feet
37,000

Location
Bismarck, ND

Purchase Price
$3,052,513

DUPONT DISTRIBUTION CENTER

Close Date
11/15/22

Cap Rate
6.85%

Square Feet
177,152

Location
Burnsville, MN

Purchase Price
$13,374,868

2022 DISPOSITIONS

There were no dispositions in 2022.

TOTAL ACQUIRED IN 2022:

TOTAL VALUE: $40,755,468

TOTAL SQUARE FEET: 625,012

OUR PORTFOLIO

DIVERSIFIED ASSETS BY INDUSTRY

We consider many factors as we build our portfolio of diversified office and industrial investment real estate. These factors include tenant strength, lease duration, financing terms, geography and industry. Our properties are geographically diverse with locations in nine states. We intend to maintain a long-term, buy-and-hold strategy while expanding our footprint throughout the Midwest corridor.

INVESTMENT OBJECTIVES

We provide our investors a high-quality, long-term real estate investment through acquisition of stabilized office and industrial properties in the Midwest region of the United States.

We offer an alternative investment where our common share value is correlated to real estate as an asset class rather than traditional asset classes such as stocks and bonds.

We provide a hedge against inflation through the use of short-term and long-term lease arrangements with our tenants.

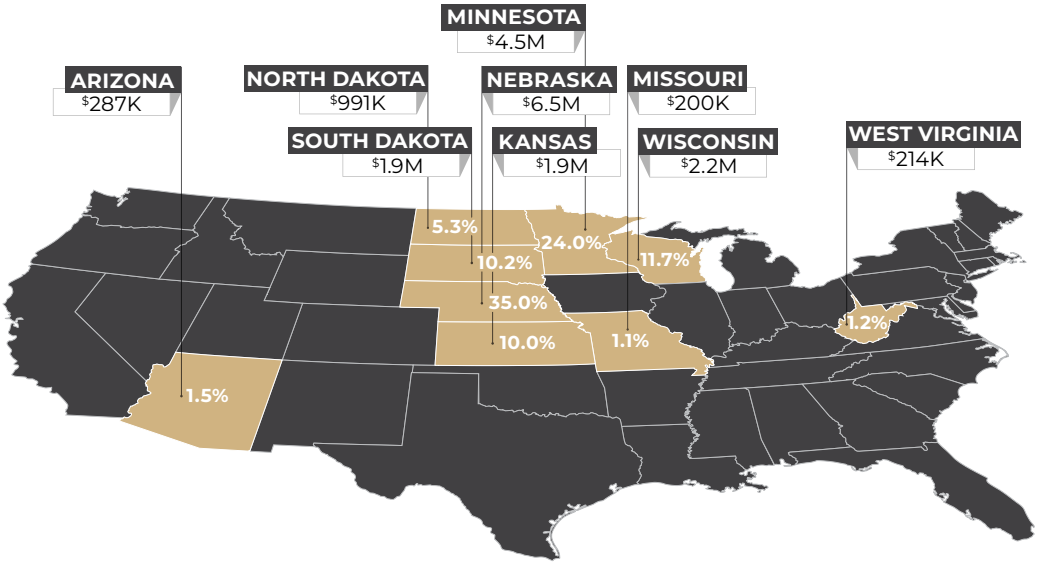
SHAREHOLDERS..... 320
UNITHOLDERS..... 45
TOTAL..... 365

365 INVESTORS

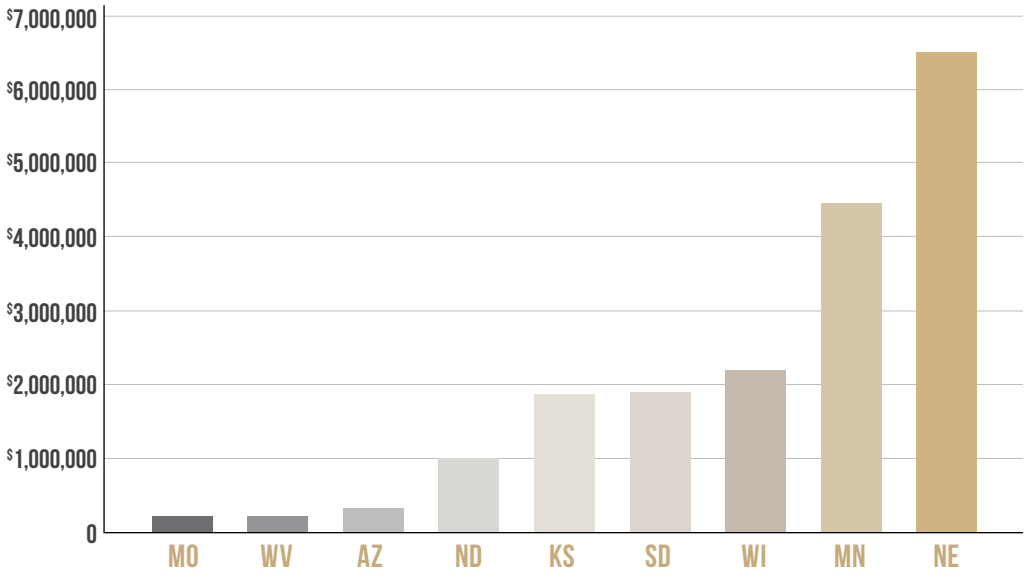
2.5M SQUARE FEET

9 STATES

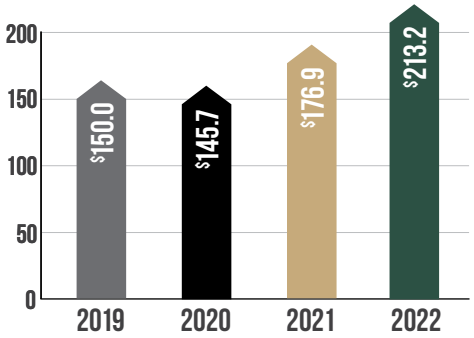
NET OPERATING INCOME BY STATE



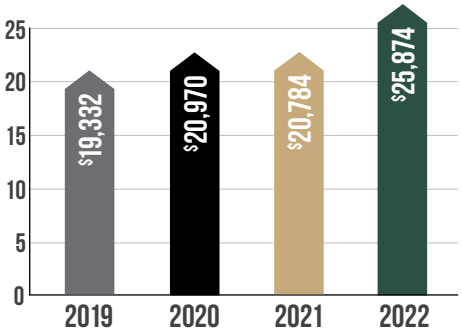
TOTAL NET OPERATING INCOME = $18.6M



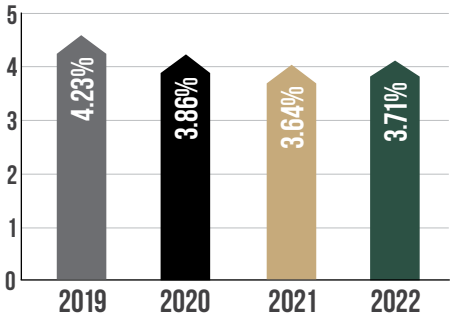
PORTFOLIO SUMMARY



TOTAL ASSETS
(Dollars in Millions)



TOTAL REVENUE

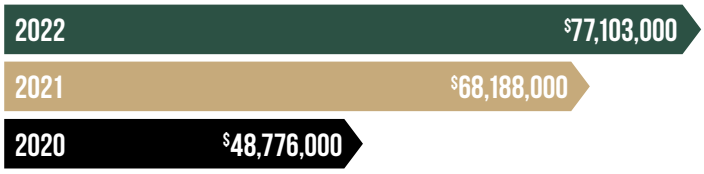


WEIGHTED AVERAGE INTEREST RATE

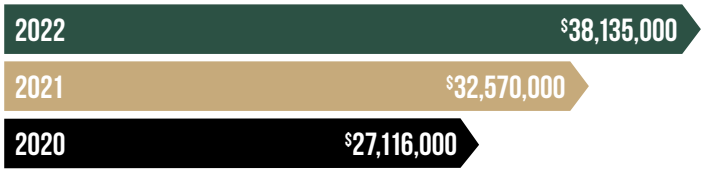
INVESTOR RETURN

TOTAL EQUITY

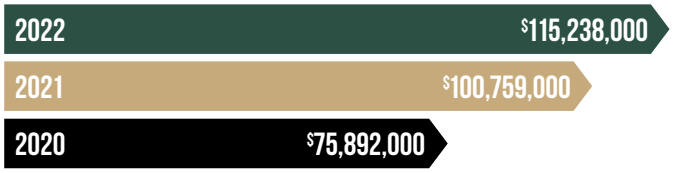
Total equity is the residual interest in the assets of an entity that remains after deducting its liabilities. Sterling Office and Industrial Trust's year-end 2022 total equity was $77,103,000, which includes accumulated depreciation and amortization of $38,135,000 from real estate property value. Adding back the accumulated depreciation and amortization for 2022 shows an adjusted equity position of $115,238,000.



ACCUMULATED DEPRECIATION AND AMORTIZATION



ADJUSTED EQUITY POSITION



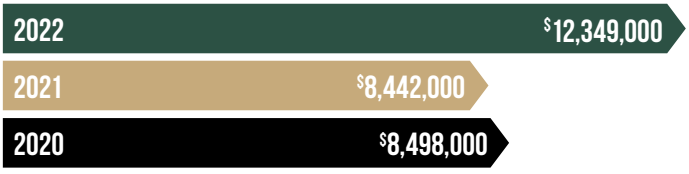
DIVIDENDS AND DISTRIBUTIONS DECLARED

Sterling Office and Industrial Trust and Sterling Office and Industrial Properties, LLLP has a consistent history of dividend and distribution payments to share and unit holders. In 2022, the annual yield remained 5.50% ($0.6325 per share) and the Trust declared its 27th consecutive quarterly dividend/distribution payment.

TOTAL ANNUAL SHAREHOLDER RETURN

Annualized return is the amount earned by an investment each year over a given time period. The figures below show the compounded return throughout the given time frames. The total annualized return calculation includes dividend payments and share price appreciation.

FUNDS FROM OPERATIONS



INVESTOR RELATIONS

Sterling Office and Industrial Trust was formed to invest primarily in a diversified portfolio of freestanding, single and multi-tenant office and industrial properties leased to creditworthy tenants. Our work for investors starts with our Mission:

To provide investors the opportunity of long-term ownership in lower risk and well-managed income-producing real estate.

It declares our purpose and serves as the gold standard against which we weigh our decisions. It is enduring and drives us to consistently look forward.

Communications concerning shareholder address changes, stock transfers, changes of ownership, payment of dividends or other account services can be directed to:

INVESTOR RELATIONS
4340 18TH AVENUE SOUTH, SUITE 200
FARGO, ND 58103

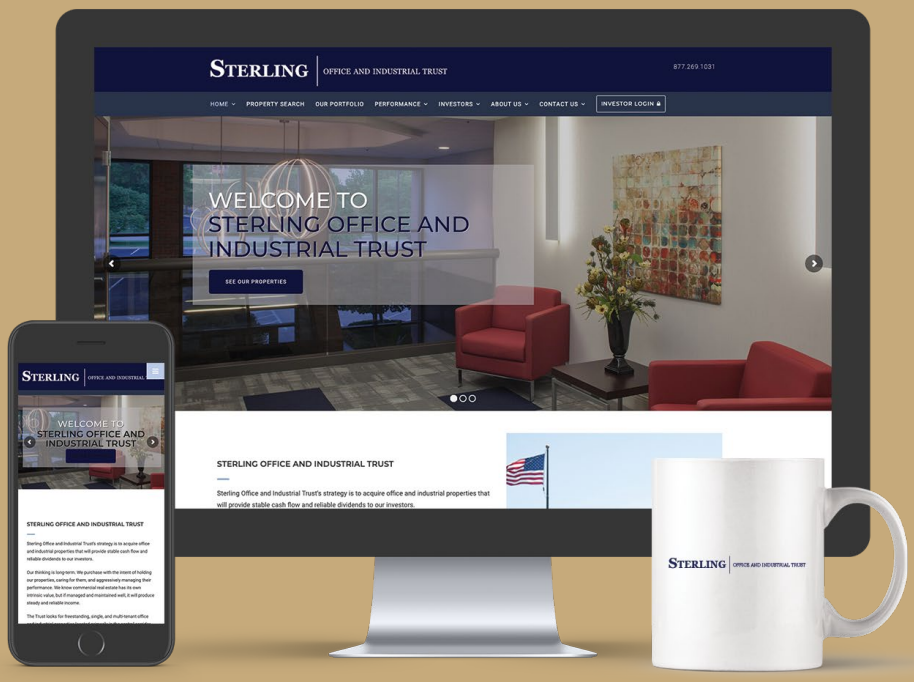
701.353.2720
SOITIR@SRETRUST.COM

ANNUAL MEETING

We sincerely hope you can join us for this year's Annual Meeting on June 21, 2023, at 6:00 p.m. at the Avalon Events Center, Fargo, North Dakota.

If you have any questions regarding the annual meeting, please contact our office by calling 701.353.2720.

We look forward to seeing you in June!



For more information about the Trust, visit us online at: **www.soitrust.com**

AUDITED FINANCIALS

DECEMBER 31, 2022

INDEPENDENT AUDITOR'S REPORT ii

CONSOLIDATED BALANCE SHEETS 1

CONSOLIDATED STATEMENTS OF OPERATIONS 2

CONSOLIDATED STATEMENTS OF SHAREHOLDER'S EQUITY 3

CONSOLIDATED STATEMENTS OF CASH FLOWS 4

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS 6

STERLING | OFFICE AND INDUSTRIAL TRUST

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES

CONSOLIDATED BALANCE SHEETS AS OF *DECEMBER 31, 2022* AND *2021,*
AND THE RELATED CONSOLIDATED STATEMENTS OF OPERATIONS,
SHAREHOLDER'S EQUITY AND CASH FLOWS FOR THE YEARS ENDED
DECEMBER 31, 2022 AND *2021*
INCLUDING NOTES

and

INDEPENDENT AUDITOR'S REPORT

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES

INDEPENDENT AUDITOR'S REPORT ii

CONSOLIDATED FINANCIAL STATEMENTS

Consolidated Balance Sheets 1

Consolidated Statements of Operations and Other Comprehensive Income 2

Consolidated Statements of Changes in Shareholder's Equity 3

Consolidated Statements of Cash Flows 4

Notes to Consolidated Financial Statements 6

RSM

RSM US LLP

Independent Auditor's Report

Audit Committee
Sterling Office and Industrial Trust

Opinion
We have audited the consolidated financial statements of Sterling Office and Industrial Trust and its subsidiaries (the Company), which comprise the consolidated balance sheets as of December 31, 2022 and 2021, the related consolidated statements of operations and other comprehensive income, changes in shareholders' equity and cash flows for the years then ended, and the related notes to the consolidated financial statements (collectively, the financial statements).

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Company as of December 31, 2022 and 2021, and the results of their operations and their cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

Basis for Opinion
We conducted our audits in accordance with auditing standards generally accepted in the United States of America (GAAS). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of the Company and to meet our other ethical responsibilities, in accordance with the relevant ethical requirements relating to our audits. We believe the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Responsibilities of Management for the Financial Statements
Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about the Company's ability to continue as a going concern within one year after the date that the financial statements are issued.

Auditor's Responsibilities for the Audit of the Financial Statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with GAAS will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

RSM US LLP is the U.S. member firm of RSM International, a global network of independent audit, tax, and consulting firms. Visit rsmus.com/aboutus for more information regarding RSM US LLP and RSM International.

In performing an audit in accordance with GAAS, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control. Accordingly, no such opinion is expressed.

- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.

- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about the Company's ability to continue as a going concern for a reasonable period of time.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings and certain internal control-related matters that we identified during the audit.

Other Information Included in the Annual Report
Management is responsible for the other information included in the annual report. The other information comprises the information included in the annual report but does not include the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information, and we do not express an opinion or any form of assurance thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and consider whether a material inconsistency exists between the other information and the financial statements, or the other information otherwise appears to be materially misstated. If, based on the work performed, we conclude that an uncorrected material misstatement of the other information exists, we are required to describe it in our report.

RSM US LLP

Minneapolis, Minnesota
April 17, 2023

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES
CONSOLIDATED BALANCE SHEETS
AS OF DECEMBER 31, 2022 AND 2021

	December 31, 2022	December 31, 2021
	(in thousands)	
ASSETS		
Real estate investments, net	$ 182,014	$ 142,460
Cash and cash equivalents	7,506	19,341
Restricted deposits	350	395
Investment in securities	5,069	-
Receivables, net	3,886	3,373
Prepaid expenses	178	157
Financing and lease costs, net	1,154	880
Intangible assets, net	10,004	9,806
Fair value of interest rate swaps	3,015	230
Other assets	-	250
Total Assets	$ 213,176	$ 176,892
LIABILITIES		
Mortgage notes payable, net	$ 126,470	$ 98,423
Special assessments payable	418	449
Dividends and distributions payable	1,651	1,563
Due to related party	333	158
Tenant security deposits payable	519	478
Lease intangible liabilities, net	3,538	2,568
Accounts payable	709	650
Fair value of interest rate swaps	-	1,262
Retainage payable	-	9
Accrued expenses and other liabilities	2,435	3,144
Total Liabilities	136,073	108,704
SHAREHOLDERS' EQUITY		
Beneficial interest	53,715	51,523
Noncontrolling interest		
Special limited partner in the Operating Partnership	5	5
Common unitholders in the Operating Partnership	20,369	17,692
Total Noncontrolling Interest	20,374	17,697
Accumulated other comprehensive income (loss)	3,014	(1,032)
Total Shareholders' Equity	77,103	68,188
Total Liabilities and Shareholders' Equity	$ 213,176	$ 176,892

See notes to consolidated financial statements

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF OPERATIONS AND OTHER COMPREHENSIVE INCOME
FOR THE YEARS ENDED DECEMBER 31, 2022 AND 2021

	Year Ended December 31,	
	2022	2021
	(in thousands, except per share data)	
Income from rental operations		
Real estate rental income	$ 25,874	$ 20,784
Expenses		
Expenses from rental operations		
Interest	4,390	3,552
Depreciation and amortization	7,149	6,672
Real estate taxes	2,389	2,399
Property management fees	710	621
Utilities	1,264	1,203
Repairs and maintenance	2,847	2,714
Insurance	110	97
	18,859	17,258
Administrative Expenses		
Administration of REIT	1,898	1,812
Total expenses	20,757	19,070
Income from operations	5,117	1,714
Other income	83	55
Gain on sale of real estate investments	-	1,069
	83	1,124
Net income	5,200	2,838
Net income attributable to noncontrolling interest	1,666	990
Net income attributable to Sterling Office and Industrial Trust	$ 3,534	$ 1,848
Net income attributable to Sterling Office and Industrial Trust per common share, basic and diluted	$ 0.50	$ 0.33
Comprehensive income		
Net income	$ 5,200	$ 2,838
Other comprehensive gain - change in fair value of interest rate swaps	4,046	1,759
Comprehensive income	9,246	4,597
Comprehensive income attributable to noncontrolling interest	2,963	1,603
Comprehensive income attributable to Sterling Office and Industrial Trust	$ 6,283	$ 2,994
Weighted-average Common Shares outstanding	7,005,000	5,578,000

See notes to consolidated financial statements

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF CHANGES IN SHAREHOLDERS' EQUITY
FOR THE YEARS ENDED DECEMBER 31, 2022 AND 2021

	Common Shares	Paid-in Capital	Accumulated Distributions in Excess of Earnings	Total Beneficial Interest	Noncontrolling Interest	Accumulated Comprehensive Income (Loss)	Total
				(in thousands, except share data)			
BALANCE AT DECEMBER 31, 2020	5,172	$ 50,537	$ (16,208)	$ 34,330	$ 17,237	$ (2,791)	$ 48,776
Contribution of assets in exchange for the issuance of noncontrolling interest shares	-	-	-	-	1,304	-	1,304
Shares/units redeemed	1,435	16,500	-	16,500	-	-	16,500
Shares issued under trustee compensation plan	2	25	-	25	-	-	25
Dividends and distributions declared	-	-	(3,478)	(3,478)	(1,834)	-	(5,312)
Dividends reinvested - stock dividend	221	2,297	-	2,297	-	-	2,297
Syndication costs	-	-	-	-	-	-	-
Change in fair value of interest rate swaps	-	-	-	-	-	1,759	1,759
Net income	-	-	1,848	1,848	990	-	2,838
BALANCE AT DECEMBER 31, 2021	6,830	69,359	(17,838)	51,522	17,697	(1,032)	68,187
Contribution of assets in exchange for the issuance of noncontrolling interest shares	(1)	(8)	-	(8)	3,115	-	3,107
Shares issued under trustee compensation plan	2	28	-	28	-	-	28
Dividends and distributions declared	-	-	(4,430)	(4,430)	(2,104)	-	(6,534)
Dividends reinvested - stock dividend	281	3,069	-	3,069	-	-	3,069
Change in fair value of interest rate swaps	-	-	-	-	-	4,046	4,046
Net income	-	-	3,534	3,534	1,666	-	5,200
BALANCE AT DECEMBER 31, 2022	7,112	$ 72,448	$ (18,734)	$ 53,715	$ 20,374	$ 3,014	$ 77,103

See notes to consolidated financial statements

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF CASH FLOWS
FOR THE YEARS ENDED DECEMBER 31, 2022 AND 2021 (continued)

	Year Ended December 31,	
	2022	2021
	(in thousands)	
OPERATING ACTIVITIES		
Net income	$ 5,200	$ 2,838
Adjustments to reconcile net income to net cash provided by operating activities		
Gain on sale of real estate investments	-	(1,069)
Gain on involuntary conversion	155	-
Change in fair value of securities	(38)	-
Depreciation	5,159	4,305
Amortization	1,538	1,926
Amortization of debt issuance costs	171	153
Effects on operating cash flows due to changes in		
Receivables	(478)	(596)
Prepaid expenses	(21)	(9)
Other assets	250	(158)
Due to related party	(763)	(181)
Tenant security deposits payable	41	41
Accounts payable - trade	59	79
Accrued expenses and other liabilities	(1,264)	5
NET CASH PROVIDED BY OPERATING ACTIVITIES	10,009	7,334
INVESTING ACTIVITIES		
Purchase of securities	(5,054)	-
Proceeds from maturity of securities	23	-
Purchase of real estate investment properties	(35,853)	(25,089)
Proceeds from sale of real estate investments	-	5,646
Proceeds from involuntary conversion	1,674	-
Capital expenditures and tenant improvements	(6,654)	(1,860)
NET CASH USED IN INVESTING ACTIVITIES	(45,864)	(21,303)
FINANCING ACTIVITIES		
Payments for financing and lease costs	(785)	(547)
Principal payments on special assessments payable	-	(11)
Proceeds from issuance of mortgage notes payable	31,789	31,835
Principal payments on mortgage notes payable	(3,642)	(19,787)
Shares/units redeemed	(8)	-
Dividends/distributions paid	(3,380)	(2,675)
Proceeds from issuance of common shares	-	16,500
NET CASH PROVIDED BY FINANCING ACTIVITIES	23,974	25,315
NET CHANGE IN CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS	(11,881)	11,346
CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS AT BEGINNING OF PERIOD	19,736	8,390
CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS AT END OF PERIOD	$ 7,855	$ 19,736
CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS AT END OF PERIOD		
Cash and cash equivalents	$ 7,506	$ 19,341
Restricted deposits	350	395
TOTAL CASH AND CASH EQUIVALENTS AND RESTRICTED DEPOSITS, END OF PERIOD	$ 7,856	$ 19,736

STERLING OFFICE AND INDUSTRIAL TRUST AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF CASH FLOWS
FOR THE YEARS ENDED DECEMBER 31, 2022 AND 2021 (continued)

	Year Ended December 31,	
	2022	2021
SCHEDULE OF CASH FLOW INFORMATION	(in thousands)	
Cash paid during the period for interest, net of capitalized interest	$ 4,165	$ 3,405
SUPPLEMENTARY SCHEDULE OF NONCASH INVESTING AND FINANCING ACTIVITIES		
Dividends reinvested	$ 3,069	$ 2,297
Dividends declared and not paid	1,125	1,080
Distributions declared and not paid	526	484
Shares issued pursuant to trustee compensation plan	28	25
Acquisitions of assets in exchange for the issuance of noncontrolling interest units in UPREIT	3,115	1,304
Increase in land improvements due to increase in special assessments payable	-	10
Acquisition of assets through assumption of debt and liabilities	1,115	956
Unrealized gain on interest rate swap	4,046	1,759

NOTE 1 - ORGANIZATION

Sterling Office and Industrial Trust ("Sterling", "the Trust" or "the Company") is a registered, but unincorporated business trust organized in North Dakota in March 2016. Sterling has elected to be taxed as a Real Estate Investment Trust ("REIT") under Sections 856-860 of the Internal Revenue Code.

Sterling previously established an Operating Partnership ("Sterling Office and Industrial Properties, LLLP"), and transferred all of its assets and liabilities to the Operating Partnership in exchange for general partnership units. As the general partner, Sterling has management responsibility for all activities of the Operating Partnership. As of December 31, 2022 and 2021, Sterling owned approximately 68.1% and 69.1% respectively, of the Operating Partnership.

NOTE 2 – PRINCIPAL ACTIVITY AND SIGNIFICANT ACCOUNTING POLICIES

Basis of Presentation and Use of Estimates

The accompanying consolidated financial statements include the accounts of Sterling and all subsidiaries for which we maintain a controlling interest.

The accompanying consolidated financial statements have been prepared in accordance with accounting principles generally accepted in the United States of America ("U.S. GAAP").

Principles of Consolidation

The consolidated financial statements include the accounts of Sterling, Sterling Office and Industrial Properties, LLLP and wholly owned limited liability companies. All significant intercompany transactions and balances have been eliminated in consolidation.

The Trust operates as an Umbrella Partnership Real Estate Investment Trust ("UPREIT"), which is a REIT that holds all or substantially all of its assets through a partnership which the REIT controls as general partner. Therefore, the Trust conducts substantially all investment activities and holds substantially all of the Trust's assets through the operating partnership Sterling Office and Industrial Properties, LLLP. As of December 31, 2022, the Trust owned approximately 68.1% of the partnership interests ("OP Units") of the Operating Partnership. The remaining OP Units, consisting exclusively of limited partner interests, are held by persons who contributed their interests in properties to the Operating Partnership in exchange for OP Units. Under the LLLP Agreement and the redemptions plans, these persons have the right to request the Operating Partnership redeem their OP Units following a specified restricted period. All redemptions are at the sole discretion of the Trust, acting for itself or in its capacity as General Partner of the Operating Partnership, and further subject to the conditions and limitations of the LLLP Agreement and redemption plans, as the same may be amended or modified from time to time. If the Trust accepts a redemption request, the redemption of OP Units shall be made in cash in an amount equal to the fair value of an equivalent number of common shares of the Trust. In lieu of delivering cash, however, the Trust, as the Operating Partnership's general partner, may, at its option and in its sole and absolute discretion, choose to acquire any OP Units so tendered by issuing common shares in exchange for the tendered OP Units. If the Trust so chooses, its common shares will be exchanged for OP Units on a one-for-one basis. This one-for-one exchange ratio is subject to adjustment to prevent dilution. With each such exchange or redemption, the Trust's percentage ownership in the Operating Partnership will increase. In addition, whenever the Trust issues common or other classes of its shares, it contributes the net proceeds it receives from the issuance to the Operating Partnership and the Operating Partnership issues to the Trust an equal number of OP Units or other partnership interests having preferences and rights that mirror the preferences and rights of the shares issued

Additionally, we evaluate the need to consolidate affiliates based on standards set forth in the Financial Accounting Standards Board ("FASB") Accounting Standards Codification ("ASC") 810, Consolidation. In determining whether we have a requirement to consolidate the accounts of an entity, management considers factors such as our ownership interest, our authority to make decisions and contractual and substantive participating rights of the limited partners

and shareholders, as well as whether the entity is a variable interest entity ("VIE") for which we have both: a) the power to direct the activities of the VIE that most significantly impact the entity's economic performance, and b) the obligation to absorb losses or the right to receive benefits from the VIE that could be potentially significant to the VIE.

The Operating Partnership meets the criteria as a "VIE". The Trust's sole significant asset is its investment in the Operating Partnership. As a result, substantially all of the Trust's assets and liabilities represent those assets and liabilities of the Operating Partnership. All of the Trust's debt is an obligation of the Operating Partnership, and the Trust guarantees the unsecured debt obligations of the Operating Partnership.

Principal Business Activity

Sterling expects to acquire primarily freestanding, single or multi-tenant office and industrial properties leased to creditworthy tenants.

Concentration of Credit Risk

Our cash balances are maintained in various bank deposit accounts. The bank deposit amounts in these accounts may exceed federally insured limits at various times throughout the year.

Use of Estimates

The preparation of consolidated financial statements in conformity with U.S. GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the consolidated financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

Real Estate Investments

Real estate investments are recorded at cost less accumulated depreciation. Ordinary repairs and maintenance are expensed as incurred.

The Company allocates the purchase price of each acquired investment property accounted for as an asset acquisition based upon the relative fair value of the individual assets acquired and liabilities assumed, which generally include (i) land, (ii) building and other improvements, (iii) in-place lease value intangibles, (iv) acquired above and below market lease intangibles, (v) any assumed financing that is determined to be above or below market and (vi) the value of customer relationships. Transaction costs related to asset acquisitions are capitalized as incurred and included as a cost of building in the accompanying consolidated balance sheets.

Furniture and fixtures are stated at cost less accumulated depreciation. All costs associated with the development and construction of real estate investments, including acquisition fees and interest, are capitalized as a cost of the property. Expenditures for renewals and improvements that significantly add to the productive capacity or extend the useful life of an asset are capitalized. Expenditures for routine maintenance and repairs, which do not add to the value or extend useful lives, are charged to expense as incurred.

Depreciation is provided for over the estimated useful lives of the individual assets using the straight-line method over the following estimated useful lives:

Building and improvements	40 years
Furniture, fixtures and equipment	5-10 years
Tenant improvements	Lesser of life of lease or 20 years

Impairment of Real Estate Investments

The Trust's investment properties are reviewed for potential impairment at the end of each reporting period or whenever events or changes in circumstances indicate that the carrying value may not be recoverable. At the end of each reporting period, the Trust separately determines whether impairment indicators exist for each property.

Examples of situations considered to be impairment indicators include, but are not limited to:

- a substantial decline or negative cash flows;
- continued low occupancy rates;
- continued difficulty in leasing space;
- significant financially troubled tenants;
- a change in plan to sell a property prior to the end of its useful life or holding period;
- a significant decrease in market price not in line with general market trends; and
- any other quantitative or qualitative events or factors deemed significant by the Trust's management or Board of Trustees.

If the presence of one or more impairment indicators as described above is identified with respect to an investment property, the asset is tested for recoverability by comparing its carrying value to the estimated future undiscounted cash flows. An investment property is considered to be impaired when the estimated future undiscounted cash flows are less than its current carrying value. When performing a test for recoverability or estimating the fair value of an impaired investment property, the Trust makes complex or subjective assumptions which include, but are not limited to:

- projected operating cash flows considering factors such as vacancy rates, rental rates, lease terms, tenant financial strength, demographics, holding period and property location;
- projected capital expenditures;
- projected cash flows from the eventual disposition of an operating property using a property specific capitalization rate;
- comparable selling prices; and
- property specific discount rates for fair value estimates as necessary.

To the extent impairment has occurred, the Company will record an impairment charge calculated as the excess of the carrying value of the asset over its fair value for impairment of investment properties. There were no impairment losses on real estate properties during the years ended December 31, 2022 and 2021.

Construction in Progress

The Trust capitalizes direct and certain indirect project costs incurred during the development period such as construction, insurance, architectural, legal, interest and other financing costs, and real estate taxes. At such time as the development is considered substantially complete, the capitalization of certain indirect costs such as real estate taxes and interest and financing costs cease, and all project-related costs included in construction in process are reclassified to land and building and other improvements.

Cash and Cash Equivalents and Restricted Deposits

We classify highly liquid investments with a maturity of three months or less when purchased as cash equivalents. Restricted cash includes funds escrowed for tenant security deposits, real estate tax, insurance and mortgage escrows and escrow deposits required by lenders on certain properties to be used for future building renovations or tenant improvements. At December 31, 2022 and 2021, total restricted deposits were $350 and $395, respectively. As of December 31, 2022 and December 31, 2021, the Trust did not hold any U.S. Treasury Bills 'Securities' in cash and cash equivalents.

Investments in U.S. Treasury Bills

Treasury Bills are short-term debt obligations with maturities of one year or less issued by the U.S. Treasury Department and backed by the U.S. Government. Treasury Bills yield no interest, but are issued at a discount to the redemption price. We classify our investments in U.S. Treasury Bills as investments in securities. We use quoted market prices to determine the fair value of our investments in U.S. Treasury Bills

Intangible Assets

Lease intangibles are a result of the purchase price allocation recorded on property acquisitions. The lease intangibles represent the estimated value of in-place leases, tenant relationships and the value of leases with above or below market lease terms. Lease intangibles are amortized over the term of the related lease.

The carrying amount of intangible assets is regularly reviewed for indicators of impairments in value. Impairment is recognized only if the carrying amount of the intangible asset is considered to be unrecoverable from its undiscounted cash flows and is measured as the difference between the carrying amount and the estimated fair value of the asset. Based on the review, management determined no impairment charges were necessary at December 31, 2022 and 2021.

Financing and Lease Costs

Financing costs related to lines of credit have been capitalized and are being amortized over the life of the financing using the effective interest method. Unamortized financing costs are written off when debt is retired before the maturity date and included in interest expense at that time.

Lease costs incurred in connection with new leases have been capitalized and are being amortized over the life of the lease using the straight-line method. We record the amortization of leasing costs in depreciation and amortization on the consolidated statements of operations. If an applicable lease terminates prior to the expiration of its initial lease term, we write off the carrying amount of the costs to amortization expense.

Debt Issuance Costs

We amortize external debt issuance costs related to notes and mortgage notes using the effective interest rate method, over the estimated life of the related debt. We record debt issuance costs related to notes and mortgage notes, net of amortization, on our consolidated balance sheets as an offset to their related debt. We record debt issuance costs related to revolving lines of credit on our consolidated balance sheets as financing fees, regardless of whether a balance on the line of credit is outstanding. We record the amortization of all debt issuance costs as interest expense.

Noncontrolling Interest

A noncontrolling interest in a subsidiary (minority interest) is in most cases an ownership interest in the consolidated entity that should be reported as equity in the consolidated financial statements and separate from the parent company's equity. In addition, consolidated net income is required to be reported at amounts that include the amounts attributable to both the parent and the noncontrolling interest, and the amount of consolidated net income attributable to the parent and the noncontrolling interest are required to be disclosed on the face of the consolidated statements of operations and other comprehensive income (loss).

Interests in the Operating Partnership held by limited partners are represented by Operating Partnership units. The Operating Partnership's income is allocated to holders of units based upon the ratio of their holdings to the total units outstanding during the period. Capital contributions, distributions, syndication costs, and profits and losses are allocated to noncontrolling interests in accordance with the terms of the Operating Partnership agreement.

Federal Income Taxes

We have elected to be taxed as a REIT under the Internal Revenue Code, as amended. A REIT calculates taxable income similar to other domestic corporations, with the major difference being a REIT is entitled to a deduction for dividends paid. A REIT is generally required to distribute each year at least 90% of its taxable income. If it chooses to retain the remaining 10% of taxable income, it may do so, but it will be subject to a corporate tax on such income.

A summary of the tax characterization of the dividends paid to shareholders of the Company's common stock for the years ended December 31, 2022 and 2021, as follows:

	Tax Year Ended December 31,			
	Dividend 2022	% 2022	Dividend 2021	% 2021
Tax status				
Ordinary income	$ 0.4383	69.29 %	$ 0.6119	100.00 %
Return of capital	0.1942	30.71 %	-	- %
	$ 0.6325	100.00 %	$ 0.6119	100.00 %

We intend to continue to qualify as a REIT and, provided we maintain such status, will not be taxed on the portion of the income that is distributed to shareholders. In addition, we intend to distribute all of our taxable income; therefore, no provisions or liabilities for income taxes have been recorded in the consolidated financial statements.

We follow ASC Topic 740, Income Taxes, to recognize, measure, present and disclose in our consolidated financial statements uncertain tax positions we have taken or expect to take on a tax return. As of December 31, 2022 and 2021, we did not have any liabilities for uncertain tax positions we believe should be recognized in our consolidated financial statements.

Revenue Recognition

We are the lessor for our commercial and industrial leases. Leases are analyzed on an individual basis to determine lease classification. As of December 31, 2022, all leases analyzed under the lease classification process were determined to be operating leases.

Earnings per Common Share

Basic earnings per common share is computed by dividing net income available to common shareholders (the "numerator") by the weighted average number of common shares outstanding (the "denominator") during the period. Sterling had no dilutive potential common shares as of December 31, 2022 and 2021, and therefore, basic earnings per common share was equal to diluted earnings per common share for the period. As the calculation does not include net income attributable to the Operating Partnership, Operating Partnership Units are not included in the calculation, and does not have any impact on earnings per share.

For the years ended December 31, 2022 and 2021, Sterling's denominators for the basic and diluted earnings per common share were approximately 7,005,000 and 5,578,000, respectively.

Reclassifications

Certain reclassifications considered necessary for a fair presentation have been made to the prior period consolidated financial statements in order to conform to the current year presentation. These reclassifications have not changed the results of operations or equity.

Recent Accounting Pronouncements

Management does not believe that any recently issued, but not yet effective accounting pronouncements, if adopted, would have a material effect on the accompanying consolidated financial statements.

NOTE 3 – REAL ESTATE INVESTMENTS

As of December 31, 2022		(in thousands)
Land and land improvements	$	40,876
Building and improvements		158,679
Furniture, fixtures and equipment		214
Construction in progress		4,333
		204,102
Less accumulated depreciation		(22,088)
	$	182,014

As of December 31, 2021		(in thousands)
Land and land improvements	$	34,990
Building and improvements		123,772
Furniture, fixtures and equipment		214
Construction in progress		1,199
		160,175
Less accumulated depreciation		(17,715)
	$	142,460

NOTE 4 – LEASE INTANGIBLES

The following table summarizes the net value of other intangible assets and liabilities and the accumulated amortization for each class of intangible:

As of December 31, 2022		Lease Intangibles		Accumulated Amortization		Lease Intangibles, net
Intangible Assets				(in thousands)		
In-place leases	$	23,636	$	(13,999)	$	9,637
Above-market leases		1,704		(1,337)		367
	$	25,340	$	(15,336)	$	10,004
Intangible Liabilities						
Below-market leases	$	(6,876)	$	3,338	$	(3,538)

As of December 31, 2021	Lease Intangibles	Accumulated Amortization	Lease Intangibles, net
Intangible Assets		(in thousands)	
In-place leases	$ 22,477	$ (13,191)	$ 9,286
Above-market leases	1,714	(1,194)	520
	$ 24,191	$ (14,385)	$ 9,806
Intangible Liabilities			
Below-market leases	$ (5,599)	$ 3,031	$ (2,568)

The estimated aggregate amortization expense for each of the five succeeding fiscal years and thereafter is as follows:

Years ending December 31,	Intangible Assets	Intangible Liabilities
	(in thousands)	
2023	$ 1,465	$ 535
2024	1,252	469
2025	1,131	447
2026	1,042	445
2027	870	352
Thereafter	4,244	1,290
	$ 10,004	$ 3,538

The portion of the purchase price allocated to acquired, above and below market lease intangibles is amortized on a straight-line basis over the life of the related lease as an adjustment to rental income. Amortization pertaining to above market lease intangibles of $153 and $216 for the years ended December 31, 2022 and 2021, respectively, was recorded as a reduction to income from rental operations. Amortization pertaining to below market lease intangibles of $603 and $657 for the years ended December 31, 2022 and 2021, respectively, was recorded as an increase to income from rental operations.

The portion of the purchase price allocated to acquired, in-place lease value intangibles is amortized on a straight-line basis over the life of the related lease as amortization expense. The Company incurred amortization expense pertaining to acquired, in-place lease value intangibles of $1,748 and $2,162 for the years ended December 31, 2022 and 2021, respectively.

NOTE 5 – LINE OF CREDIT

We have a $3,000 variable rate (WSJ prime minus 1.00% not to be less than 2.90%) line of credit agreement with Bell Bank, which expires in July 2023. The line of credit is secured by specific properties. The operating line is designed to enhance treasury management activities and more effectively manage cash balances. The Trust anticipates renewing the line of credit expiring in the next 12 months to continue to hold it as a cash resource to the Trust. At December 31, 2022 and 2021, there was no balance outstanding on the line of credit, leaving $3,000 available and unused under the agreement.

The line of credit agreement includes covenants that, in part, impose maintenance of certain debt service coverage ratios. As of December 31, 2022, the Trust was in compliance with all covenants.

NOTE 6 – MORTGAGE NOTES PAYABLE

The following table summarizes the Company's mortgage notes payable:

	Principal Balance At	
	December 31, 2022	December 31, 2021
	(in thousands)	
Fixed rate mortgage notes payable (a)	$ 127,122	$ 98,975
Less unamortized debt issuance costs	(652)	(552)
	$ 126,470	$ 98,423

(a) Includes $41,636 and $43,022 of variable rate mortgage debt that was swapped to a fixed rate as of December 31, 2022 and 2021, respectively.

The majority of the Company's mortgages payable require monthly payments of principal and interest. Mortgages are secured by the respective properties, assignment of rents, business assets, deeds to secure debt, deeds of trust and/or cash deposits with the lender.

Certain mortgage note agreements include covenants that, in part, impose maintenance of certain debt service coverage and debt to worth ratios. As of December 31, 2022 and 2021, no loans were out of compliance with their covenants.

We are required to make the following principal payments on our outstanding mortgage notes payable for each of the five succeeding fiscal years and thereafter as follows:

Years ending December 31,	Amount
	(in thousands)
2023	$ 5,338
2024	4,108
2025	15,428
2026	3,912
2027	17,343
Thereafter	80,993
Total payments	$ 127,122

NOTE 7 – DERIVATIVES AND HEDGING ACTIVITIES

As part of our interest rate risk management strategy, we have used interest rate derivatives to manage our exposure to interest rate movements and add stability to interest expense. Interest rate swaps designated as cash flow hedges involve the receipt of variable rate amounts from a counterparty in exchange for the Trust making fixed rate payments over the life of the agreement without exchange of the underlying notional amount.

As of December 31, 2022, the Trust used four interest rate swaps to hedge the variable cash flows associated with variable rate debt. Changes in fair value of the derivatives that are designated and that qualify as cash flow hedges are recorded in accumulated other comprehensive loss and are reclassified into interest expense as interest payments are made on the Company's variable rate debt. Over the next 12 months, the Company estimates that an additional $615 will be reclassified as a decrease to interest expense.

The following table summarizes the Trust's interest rate swaps designated as cash flow hedges as of December 31, 2022:

Effective Date	Notional	Fixed Interest Rate	Maturity Date
March 15, 2019	$ 11,343	4.24 %	March 15, 2029
March 31, 2020	$ 8,852	3.29 %	May 15, 2030
April 14, 2020	$ 6,988	3.50 %	May 20, 2028
August 15, 2022	$ 3,462	3.66 %	December 12, 2029

The following table summarizes the Company's interest rate swaps that were designated as cash flow hedges of interest rate risk:

	Number of Instruments		Notional	
Interest Rate Derivatives	December 31, 2022	December 31, 2021	December 31, 2022	December 31, 2021
Interest rate swaps	4	4	$ 30,645	$ 31,722

The table below presents the estimated fair value of the Company's derivative financial instruments as well as their classification in the accompanying consolidated balance sheets.

Derivatives designated as cash flow hedges:	Derivatives			
	December 31, 2022		December 31, 2021	
	Balance Sheet Location	Fair Value	Balance Sheet Location	Fair Value
Interest rate swaps	Other assets, net	$ 3,015	Other assets, net	$ 230
Interest rate swaps	Accrued expenses and other liabilities	-	Accrued expenses and other liabilities	1,262

The following table presents the effect of the Company's derivative financial instruments on the accompanying consolidated statements of operations and other comprehensive income (loss) for the years ended December 31, 2022 and 2021:

Derivatives in Relationship	Amount of Gain Recognized in Other on Derivatives	Location of Gain Reclassified from Accumulated other (AOCI) into Income	Amount of Loss AOCI into income
	2022		2022
Interest rate swaps	$ (4,046)	Interest expense	$ 107
	2021		2021
Interest rate swaps	$ (1,759)	Interest expense	$ 544

Credit-risk-related Contingent Features

The Trust has agreements with each of its derivative counterparties that contain a provision whereby if the Trust defaults on the related indebtedness, including default where repayment of the indebtedness has not been accelerated by the lender, then the Trust could also be declared in default on its corresponding derivative obligation. As of December 31, 2022, the termination value of derivatives in a liability position was $0 and the termination value of derivatives in an asset position was $3,015. As of December 31, 2022, the Trust has pledged the properties related to the loans which are hedged as collateral.

NOTE 8 – FAIR VALUE MEASUREMENT

The following table presents the carrying value and estimated fair value of the Company's financial instruments:

	December 31, 2022		December 31, 2021	
	Carrying Value	Fair Value	Carrying Value	Fair Value
	(in thousands)		(in thousands)	
Financial assets:				
Derivative assets	$ 3,015	$ 3,015	$ 230	$ 230
Investments in securities	$ 5,069	$ 5,069	-	-
Financial liabilities:				
Mortgages notes payable, net	$ 127,122	$ 122,223	$ 98,975	$ 100,825
Derivative liabilities	$ —	$ —	$ 1,262	$ 1,262

The carrying values shown in the table are included in the consolidated balance sheets under the indicated captions. ASC 820-10 established a three-level valuation hierarchy for fair value measurement. Management uses these valuation techniques to establish the fair value of the assets at the measurement date. These valuation techniques are based upon observable and unobservable inputs. Observable inputs reflect market data obtained from independent sources, while unobservable inputs reflect management's assumptions. These two types of inputs create the following fair value hierarchy:

- Level 1 – Quoted prices for identical instruments in active markets.
- Level 2 – Quoted prices for similar instruments in active markets; quoted prices for identical or similar instruments in markets that are not active; and model-derived valuations whose significant inputs are observable.
- Level 3 – Instruments whose significant inputs are unobservable.

The guidance requires the use of observable market data, when available, in making fair value measurements. When inputs used to measure fair value fall within different levels of the hierarchy, the level within which the fair value measurement is categorized is based on the lowest level input that is significant to the fair value measurement.

Investment in securities: The fair value of U.S. Treasury Bills is determined by using the current market value the security could be sold for on the open market resulting in a Level 1 measurement.

Derivatives: The fair value of interest rate swaps is determined using a discounted cash flow analysis on the expected future cash flows of the derivative.

The Company has determined that the majority of the inputs used to value its derivatives fall within Level 2 of the fair value hierarchy. In adjusting the fair value of its derivative contracts for the effect of nonperformance risk, the Company has considered any applicable credit enhancements.

Mortgage notes payable: The Company estimates the fair value of its mortgage notes payable by discounting the future cash flows of each instrument at rates currently offered to the Company for similar debt instruments of

comparable maturities by the Company's lenders. The rate used was 6.0% and 3.4% for December 31, 2022 and 2021, respectively.

NOTE 9 – NONCONTROLLING INTEREST OF UNITHOLDERS IN OPERATING PARTNERSHIP

Non-controlling Interests

As of December 31, 2022 and 2021, outstanding common limited partnership units totaled 3,327,000 and 3,056,000, respectively. The Operating Partnership declared fourth quarter distributions of $526 and $484, to limited partners paid in January 2023 and 2022, respectively. Distributions per unit were $0.6325 and $0.6119 during the years ended December 31, 2022 and 2021, respectively.

During the year ended December 31, 2022 and 2021, there were no limited partnership units of the Operating Partnership exchanged for common shares of the trust.

Provided the Trust's redemption plan exists, and subject to the conditions and limitations contained in such redemption plan (including, without limitation, applicable holding periods and ownership limitations), and further subject to the conditions and limitations set forth in the LLLP Agreement of the Operating Partnership, a Limited Partner may request the redemption of its limited partnership units for cash (a "Redemption Request") or the exchange of its limited partnership units for Sterling common shares (an "Exchange Request"). Such request must be made in accordance with the redemption plan. Upon receipt of any Redemption or Exchange Request, as the case may be, the Trust may, at its sole and absolute discretion, acting for itself or as General Partner of the Operating Partnership, elect to redeem or exchange such limited partnership units. The Trust may, in its sole discretion, terminate, amend or suspend the redemption plan if such action is determined to be in the best interest of the Operating Partnership.

Special Limited Partner

As of December 31, 2022 and 2021, outstanding special limited partnership units totaled one.

Pursuant to the LLLP Agreement, the Founders (as defined in the Trust's Private Placement Memorandum dated April 1, 2016) own, jointly, one (1) special limited partnership interest in the Operating Partnership. As a special limited partner, the Founders have no voting rights but have rights to certain redemption payments in exchange for the special limited partnership interest, as described below:

In connection with a merger or sale of assets or other transaction, or our shares of beneficial interest become listed on a national securities exchange, the Operating Partnership will redeem the Founders' special limited partnership interest for $5,000 plus an amount equal to 15% of the net proceeds remaining, as if all assets of the Trust and the Operating Partnership had been sold for such value and all liabilities had been satisfied in full according to their terms. The proceeds shall be determined utilizing the then current established share/unit price, or if greater, the value of the partners or shareholders original contribution.

Redemption of the Founders' special limited partnership interest for the amounts stated above shall be in cash or, at the option of the Founders, units of limited partner interests in our Operating Partnership or common shares of beneficial interest in the Trust.

NOTE 10 – REDEMPTION PLANS

Our Board of Trustees has approved redemption plans that enable our shareholders to sell their common shares and the partners of our Operating Partnership to sell their limited partnership units to us, after they have held the securities for at least one year and subject to other conditions and limitations described in the plans.

Our redemption plans currently provide that the maximum amount that can be redeemed under the plan is $5,000 worth of securities. As of December 31, 2022, there were $4,880 worth of securities left to be redeemed under the redemption plan. Currently, the fixed redemption price is $10.50 per share or unit under the plans which price became effective October 18, 2021. Prior to October 18, 2021, the redemption price was $10.00 per share or unit under the plan. Prior to January 1, 2021, the redemption price was $9.50 per share or unit under the plan.

We may redeem securities under the plans provided the aggregate total has not been exceeded if we have sufficient funds to do so. The plans will terminate in the event the shares become listed on any national securities exchange, the subject of bona fide quotes on any inter-dealer quotation system or electronic communications network or are the subject of bona fide quotes in the pink sheets. Additionally, the Board, in its sole discretion, may terminate, amend or suspend the redemption plans, either or both of them, if it determines to do so in its sole discretion.

During the year ended December 31, 2022, the Company redeemed 1,000 common shares valued at $8 and redeemed no units. During the year ended December 31, 2021, the Company redeemed no common shares or units.

NOTE 11 – BENEFICIAL INTEREST

We are authorized to issue 100,000,000 voting common shares of beneficial interest with $0.01 par value and 50,000,000 voting preferred shares with $0.01 par value, which collectively represent the beneficial interest of Sterling. As of December 31, 2022 and 2021, there were 7,112,000 and 6,829,000, respectively, common shares outstanding. We had no preferred shares outstanding as of either date.

The Trust declared fourth quarter dividends of $1,125 and $1,080 to shareholders paid in January 2023 and 2022, respectively. Dividends paid to holders of common shares were $0.6325 and $0.6119 per share for the years ended December 31, 2022 and 2021, respectively.

NOTE 12 – DIVIDEND REINVESTMENT PLAN

Our Board of Trustees approved a dividend reinvestment plan to provide existing holders of our common shares with a convenient method to purchase additional common shares without payment of brokerage commissions, fees or service charges.

Under this plan, eligible shareholders may elect to have all or a portion (but not less than 25%) of the cash dividends they receive automatically reinvested in our common shares. The purchase price per common share under the plan equals 95% of the estimated value per common share for dividend reinvestments, as determined by our Board of Trustees.

The purchase price per common share for dividend reinvestments was $10.93 at December 31, 2022 and 2021. The Board, in its sole discretion, may amend, suspend or terminate the plan at any time, without the consent of shareholders, upon a ten day notice to participants.

During the year ended December 31, 2022, 281,000 shares were issued pursuant to dividend reinvestments under the plan. During the year ended December 31, 2021, 221,000 shares were issued pursuant to dividend reinvestments under the plan.

NOTE 13 – RELATED PARTY TRANSACTIONS

Effective January 1, 2021, Trustmark Enterprises, Inc. was formed to act as the holding company for Sterling Management, LLC and GOLDMARK Property Management, Inc. In connection with this restructuring transaction, the owners of Alloy Enterprises, Inc. indirectly own Sterling Management, LLC and GOLDMARK Property Management, Inc. Alloy Enterprises, Inc. is owned in part by the Trust's Chief Executive Officer and Trustee Mr. Kenneth P. Regan, by Trustee Mr. James S. Wieland, by President Joel S. Thomsen. In addition, Mr. Regan serves as

the Executive Chairman of the Advisor, and Messrs. Wieland, and Thomsen serve on the Board of Governors of both the Advisor and GOLDMARK Property Management, Inc.

Sterling Management, LLC, is a North Dakota limited liability company formed in November 2002. The Advisor is responsible for managing day-to-day affairs, overseeing capital projects and identifying, acquiring and disposing investments on behalf of the Trust.

GOLDMARK Property Management, Inc., is a North Dakota corporation formed in 1981. GOLDMARK Property Management, Inc. performs property management services for the Trust.

Property Management Fee

For the years ended December 31, 2022 and 2021, we paid management fees of $0 and $7, respectively to GOLDMARK Property Management. In addition, during the years ended December 31, 2022 and 2021, we paid repair and maintenance related payroll and payroll related expenses to GOLDMARK Property Management of $2 and $4, respectively.

During the years ended December 31, 2022 and 2021, the Trust paid commercial property management fees to our advisor of $26 and $7, respectively. Commercial property management fees are determined on a property-by-property basis. As of December 31, 2022 and 2021, the Trust owed $3 and $-, respectively, to Sterling Management.

Advisory Agreement

We are an externally managed trust and as such, although we have a Board of Trustees and executive officers responsible for our management, we have no paid employees. The following is a brief description of the current fees and compensation that may be received by the Advisor under the Advisory Agreement, which must be renewed on an annual basis and approved by a majority of the independent trustees. The Advisory Agreement was approved by the Board of Trustees (including all the independent Trustees) on March 23, 2022, effective until March 31, 2023.

Management Fee: For its services during the year, our Advisor receives 0.7% to 0.8% of our total assets (before depreciation and amortization), annually. Effective April 1, 2022, the management fee decreased from 0.8% to 0.7% of total assets. Total assets are our gross assets (before depreciation and amortization) as reflected on our consolidated financial statements. The management fee calculation is subject to quarterly and annual reconciliations. The management fee may be deferred at the option of the Advisor, without interest.

Acquisition Fee: For its services in investigating and negotiating acquisitions of investments for us, the Advisor receives an acquisition fee of 2.5% of the purchase price of each property acquired, capped at $375 per acquisition. The total of all acquisition fees and acquisition expenses cannot exceed 6% of the purchase price of the investment, unless approved by a majority of the trustees, including a majority of the independent trustees, if they determine the transaction to be commercially competitive, fair and reasonable to us.

Disposition Fee: For its services in the effort to sell any investment for us, the Advisor receives a disposition fee of 2.5% of the sales price of each property disposition, capped at $375 per disposition.

Financing Fee: For its services in the effort to place financing for us, the Advisor receives a financing fee of 0.25% of all amounts made available to us pursuant to any loan, refinance (excluding rate and/or term modifications of an existing loan with the same lender), line of credit or other credit facility. The financing fee shall be capped at $38 per loan, refinance, line of credit or other credit facility.

Development Fee: Based on regressive sliding scale (starting at 5% and declining to 3%) of total project costs, excluding cost of land, for development services requested by us.

Total Cost	Fee	Range of Fee	Formula
0 - 10M	5.0 %	0 - .5M	0M - 5.0% x (TC - 0M)
10M - 20M	4.5 %	.5 M - .95M	.50M - 4.5% x (TC - 10M)
20M - 30M	4.0 %	.95 M - 1.35M	.95M - 4.0% x (TC - 20M)
30M - 40M	3.5 %	1.35 M - 1.70M	1.35M - 3.5% x (TC - 30M)
40M - 50M	3.0 %	1.70 M - 2.00M	1.70M - 3.0% x (TC - 40M)

TC = Total Project Cost

The below table summarizes the fees incurred by the Trust for services rendered by the Advisor and payable to our Advisor:

	Year Ended December 31,	
	2022	2021
	(in thousands)	
Fee:		
Advisory	$ 1,703	$ 1,466
Acquisition	$ 967	$ 611
Disposition	$ -	$ 142
Financing	$ 79	$ 80

The below table summarizes the fees owed to the Advisor:

	Payable at December 31,	
	2022	2021
	(in thousands)	
Fee:		
Advisory	$ 292	$ 140
Acquisition	$ -	$ 225
Financing	$ 21	$ -

Operating Partnership Units Issued in Connection with Acquisitions

During the years ended December 31, 2022 and 2021, we did not issue any Operating Partnership units to entities affiliated with any related parties.

Commissions

During the year ended December 31, 2022, we incurred real estate commissions of $556 owed to GOLDMARK Commercial Real Estate, Inc., in which Messrs. Regan and Wieland jointly own a controlling interest. During the year ended December 31, 2021, we incurred real estate commissions of $312 owed to GOLDMARK Commercial Real Estate Inc. There were no outstanding commissions owed as of December 31, 2022 and 2021.

NOTE 14 – RENTALS UNDER OPERATING LEASES / RENTAL INCOME

Commercial properties are leased to tenants under terms expiring at various dates through 2042. Lease terms often include renewal options. For the years ended December 31, 2022 and 2021, gross revenues from commercial property rentals, including CAM income (common area maintenance) of $3,069 and $3,308 respectively, totaled $25,874 and $20,784, respectively.

As of December 31, 2022, we derived substantially all of our revenues from commercial leases primarily under long-term lease agreements. Substantially all commercial leases contain fixed escalations, or, in some instances, changes based on the Consumer Price Index, which occur at specified times during the term of the lease. In certain commercial leases, variable lease income is recognized when rents are earned. We recognize rental income and rental abatements from our commercial leases when earned on a straight-line basis over the lease term. Recognition of rental income commences when control of the leased space has been transferred to the tenant.

We recognize variable income from pass-through expenses on an accrual basis over the periods in which the expenses were incurred. Pass-through expenses are comprised of real estate taxes, operating expenses and common area maintenance costs which are reimbursed by tenants in accordance with specific allowable costs per tenant lease agreements. When we pay pass-through expenses, subject to reimbursement by the tenant, they are included within operating expenses, excluding real estate taxes, and reimbursements are included within real estate rental income along with the associated base rent in the accompanying consolidated financial statements.

We record base rents on a straight-line basis. The monthly base rent income according to the terms of our leases is adjusted so that an average monthly rent is recorded for each tenant over the term of its lease. The straight-line rent adjustment increased revenue by $497 and $426 for the years ended December 31, 2022 and 2021, respectively. The straight-line receivable balance included in receivables on the consolidated balance sheets as of December 31, 2022 and 2021 was $3,512 and $2,999, respectively. We receive payments for expense reimbursements from substantially all our multi-tenant commercial tenants throughout the year based on estimates.

Lease income related to the Company's operating leases is comprised of the following:

	Year ended December 31, 2022
	(in thousands)
Lease income related to fixed lease payments	$ 19,041
Lease income related to variable lease payments	3,069
Other (a)	791
Lease Income (b)	$ 22,901

(a) For the year ended December 31, 2022, "Other" is comprised of revenue adjustments related to changes in collectability and amortization of above and below market lease intangibles and lease inducements.

(b) Excludes other rental income for the year ended December 31, 2022, of $2,973, which is accounted for under the revenue recognition standard.

	Year ended December 31, 2021
	(in thousands)
Lease income related to fixed lease payments	$ 17,003
Lease income related to variable lease payments	3,308
Other (c)	199
Lease Income (d)	$ 20,510

(c) For the year ended December 31, 2021, "Other" is comprised of revenue adjustments related to changes in collectability and amortization of above and below market lease intangibles and lease inducements.
(d) Excludes other rental income for the year ended December 31, 2021, of $274, which is accounted for under the revenue recognition standard.

Commercial space is rented under long-term agreements. Minimum future rentals on non-cancelable operating leases as of December 31, 2022 are as follows:

Years ending December 31,	Amount (in thousands)
2023	$ 18,472
2024	16,803
2025	15,000
2026	13,801
2027	11,960
Thereafter	55,260
	$ 131,296

NOTE 15 - COMMITMENTS AND CONTINGENCIES

Environmental Matters

Federal law (and the laws of some states in which we own or may acquire properties) imposes liability on a landowner for the presence on the premises of hazardous substances or wastes (as defined by present and future federal and state laws and regulations). This liability is without regard to fault or knowledge of the presence of such substances and may be imposed jointly and severally upon all succeeding landowners. If such hazardous substance is discovered on a property acquired by us, we could incur liability for the removal of the substances and the cleanup of the property.

There can be no assurance that we would have effective remedies against prior owners of the property. In addition, we may be liable to tenants and may find it difficult or impossible to sell the property either prior to or following such a cleanup.

Risk of Uninsured Property Losses

We maintain property damage, fire loss, and liability insurance. However, there are certain types of losses (generally of a catastrophic nature) which may be either uninsurable or not economically insurable. Such excluded risks may include war, earthquakes, tornados, certain environmental hazards, and floods. Should such events occur, (i) we might suffer a loss of capital invested, (ii) tenants may suffer losses and may be unable to pay rent for the spaces, and (iii) we may suffer a loss of profits which might be anticipated from one or more properties.

Litigation

The Company is subject, from time to time, to various legal proceedings and claims that arise in the ordinary course of business. While the resolution of such matters cannot be predicted with certainty, management believes, based on currently available information, that the final outcome of such matters will not have a material effect on the financial statements of the Company.

NOTE 16 –DISPOSITIONS

There were no dispositions of real estate investments during the year ended December 31, 2022,

During the year ended December 31, 2021, the Operating Partnership sold two industrial properties located in Du Quoin, Illinois and Corsicana, Texas for $5,695 and recognized a gain of $1,069 in August 2021.

NOTE 17 –ACQUISITIONS

The Company closed on the following property acquisitions during the year ended December 31, 2022:

Date	Property Name	Location	Property Type	Total Acquisition Cost (in thousands)
February 7, 2022	Becker Industrial Warehouse	Becker, MN	Industrial	$ 9,090
Feburary 7, 2022	Cannon Falls Industrial Warehouse	Cannon Falls, MN	Industrial	9,932
July 1, 2022	Weather Blanket - Fon Du Lac	Fon Du Lac, WI	Industrial	3,032
July 1, 2022	Weather Blanket - Spencer	Spencer, WI	Industrial	2,274
September 1, 2022	Dakota Supply Group - Bismarck	Bismarck, ND	Industrial	3,052
November 15, 2022	Dupont Distribution Center	Burnsville, MN	Industrial	13,375
				$ 40,755

The Company closed on the following property acquisitions during the year ended December 31, 2021.

Date	Property Name	Location	Property Type	Total Acquisition Cost (in thousands)
August 31, 2021	Cliff Avenue Industrial Center	Sioux Falls, SD	Industrial	$ 17,592
October 1, 2021	Cliff Avenue Industrial Center Land	Sioux Falls, SD	Land	436
December 29, 2021	Thermotech	Hopkins, MN	Industrial	9,822
				$ 27,850

Total consideration given for acquisitions for the year ended December 31, 2022, was completed through issuing approximately 271,000 limited partnership units of the Operating Partnership valued at $11.50 per unit, for an aggregate consideration of approximately $3,115. The value of units issued in exchange for property is determined through a value established annually by our Board of Trustees and reflects the estimated fair value at the time of issuance.

Total consideration given for acquisitions for the year ended December 31, 2021, was completed through issuing approximately 119,000 limited partnership units of the Operating Partnership valued at $11.00 per unit, for an aggregate consideration of approximately $1,304. The value of units issued in exchange for property is determined through a value established annually by our Board of Trustees, and reflects the estimated fair value at the time of issuance.

In 2022, cash flows were reclassified to updated presentation resulting prior period to be updated to align with reclassification. The following table summarizes the allocation of the purchase price, before prorations, the Company recorded in conjunction with the acquisitions discussed above:

	2022	2021
	(in thousands)	
Real estate investment acquired	$ 38,656	$ 26,481
Acquired lease intangible assets	2,099	1,369
Total Assets Acquired	40,755	27,850
Other liabilities	(1,787)	(1,457)
Net assets acquired	38,968	26,393
Equity/limited partnership unit consideration	(3,115)	(1,304)
Net cash consideration paid	$ 35,853	$ 25,089

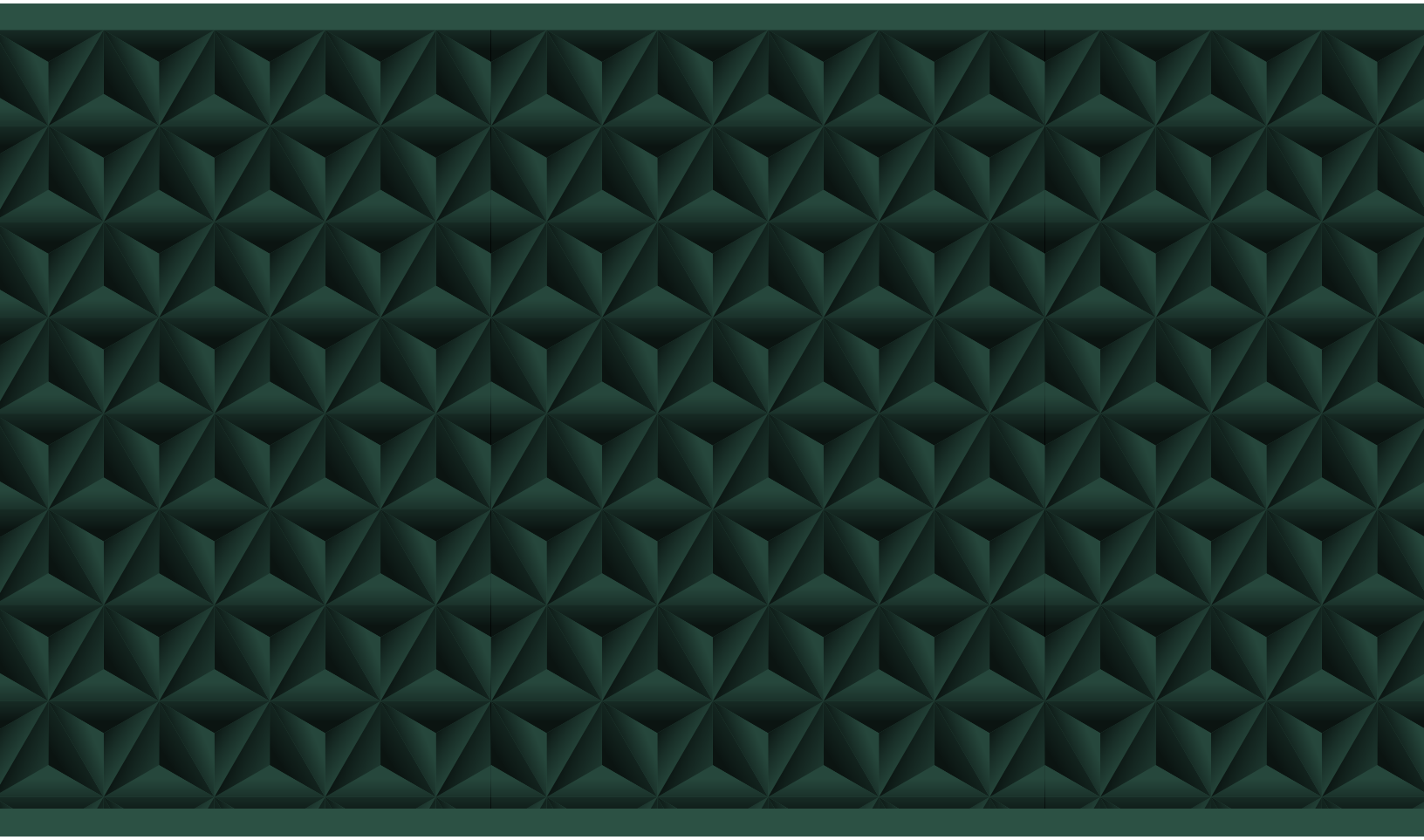
NOTE 18 - SUBSEQUENT EVENTS

On January 15, 2023, we paid a dividend or distribution of $0.15812 per share on our common shares of beneficial interest or limited partnership units, to common shareholders and limited unit holders of record on December 31, 2022.

On April 7, 2023, the Trust acquired an industrial property located in Fargo, North Dakota for a total purchase price of $4,765.

Pending acquisitions and dispositions are subject to numerous conditions and contingencies and there are no assurances that the transactions will be completed.

We have evaluated subsequent events through the date of this report. We are not aware of any other subsequent events which would require recognition or disclosure in the consolidated financial statements.



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